



LIGHT BITES

NORTH PULLED BEEF BAO BUNS Served with sticky BBQ jam, Asian slaw & mixed leaves (1/3/7)	11.95
NORTH BUDDHA BOWL Roast squash, avocado, pickled beetroot, roast peppers, golden quinoa, rocket leaves, vegan sriracha dressing	8.95
Add Teriyaki Chicken 3.50 or Salmon 4.00	
CRISPY FRIED PRAWNS Smashed avocado, red pepper and coriander salsa (1/2)	12.95
GUNPOWDER CHICKEN WINGS Served with hot sauce or BBQ Sauce (1)	11.95
COSGROVE SMOKED SALMON & PRAWNS Crab mousse, apple, pea shoots, chive oil (3/7)	11.95
SOUP OF THE DAY Served with warm homemade soda bread (1/7)	6.95
SEAFOOD CHOWDER Served with warm homemade soda bread (4/7/8)	8.95
CHOOSE FROM 3 LIGHT BITES ABOVE	28.00

NORTH FAVOURITES

PAN SEARED CHICKEN BREAST Scallion mash potatoes, roast cherry tomatoes, broccoli, red wine jus (7)	22.95
BATTERED FISH AND CHIPS Fresh locally caught fish in a crispy beer batter served with pickled onions, tartare sauce & salad (1/4/7)	20.95
NORTH CATCH OF THE DAY Served with white wine cream sauce, crushed potato, tender stem broccoli (1/3/4/7)	22.95
NORTH ROAST OF THE DAY Creamed mash potatoes, seasonal vegetables, red wine jus (7)	22.95
NORTH VEGAN CURRY Spiced vegetables, curry sauce, raita, popadom Add Teriyaki Chicken 3.50 or Prawns 4.00	15.95
NORTH BURGER Double patty smash beef burger, bacon, red cheese, tomato relish, guacamole (1a/3/7/12)	20.95
Southern Fried Chicken Burger, white cheddar, hash brown, tomato relish, BBQ sauce (1a/7/3/12)	20.95
Vegan beetroot burger & guacamole (1)	18.95
<i>All served on a toasted brioche bun, homemade relish, beef tomato, pickle & lettuce served with fries</i>	
GRILLED 100/Z SIRLOIN Served with rosemary & sea salt chips, creamed spinach, onion ring with a choice of peppercorn sauce, blue cheese, or garlic butter (1/3/7/10)	32.95

SALADS

CLASSIC CAESAR SALAD Baby gem, anchovies, caesar dressing, parmesan, croutons (1/3/4/7)	10.95
Add Chicken & Bacon 3.50 , Go Vegan with Avocado 1.95 , Prawns 4.00 , Roast Salmon 4.00	
RAINBOW SUPERFOOD SALAD Add Chicken 3.50 , Salmon 4.00	10.95

PIZZAS

MARGHERITA (1/7)	15.95
MEAT FEAST (1/7)	18.95

PASTA

SEAFOOD PENNE Penne pasta tossed with parmesan, sun blush tomatoes, pesto, white wine cream (1/2/4/7)	18.95
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NORTH SANDWICHES

(Available Monday – Friday 12pm-4pm)

NORTH CLUB SANDWICH Grilled chicken, crispy bacon, egg mayo, tomato & gem lettuce (1/3/7)	14.95
COSGROVE SMOKED SALMON & PRAWNS Served on homemade brown bread, Marie Rose sauce (1/2/3/7)	12.95
NORTH STEAK SANDWICH Rocket, sun blush tomatoes, red onions, pepper sauce (1/7)	13.95
POSH HAM, CHEESE & ONION Mix of mature cheddar, gruyere, homemade red onion chutney, tomato (1/7)	10.95
ADD SMALL FRIES OR SOUP	3.00

SIDES

SEASONAL SALAD	4.00
FRIES (1)	4.00
CREAMY MASH (7)	4.50
PARMESAN & TRUFFLE FRIES (1/7)	5.50
SEASONAL VEGETABLES (7)	4.50
CAULIFLOWER CHEESE (7)	4.50

DESSERTS

CHEESECAKE OF THE DAY Ask server for today's selection (1/7)	8.95
CHOCOLATE BROWNIE & PISTACHIO BROWNIE Served with vanilla ice cream & caramel sauce (3/7/8)	8.95
RASPBERRY AND CUSTARD TART Served with mixed berry compote, champagne sorbet (1/3/7)	8.95
TRIO OF ICE-CREAM Ask server for today's selection (7)	4.95
NORTH CHEESEBOARD Served with your selection of Irish cheeses, grapes, biscuits & plum chutney (1/7)	14.95

Food allergies and intolerances: we welcome enquiries from guests who wish to know whether dishes contain particular ingredients. Please note: before placing your order inform a member of staff if you have any food allergy.

ALLERGEN LIST 1 Gluten 1a Wheat 1b Rye 1c Barley 2 Crustaceans 3 Eggs 4 Fish 5 Peanuts 6 Soya 7 Milk 8 Nuts 8a Walnuts 8b Cashew 9 Celery 10 Mustard 11 Sesame 12 Sulphites 13 Lupin 14 Molluscs



As part of our sustainability commitments, we use a "50 Mile Menu" All our dishes are now made from ingredients sourced within 50 miles of our restaurant